

Industry session Financially supported by Otsuka during
the 37th ECNP Congress

Industry Satellite Symposium (ISS02)



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Treatment of major depressive disorder with **Digital Therapeutics (DTx):** From clinical trial to real-world evidence



Saturday 21st September 2024, 13:00-14:30
Room Space 1-2

Dear Colleague,

It is with great pleasure we invite you to this forthcoming symposium at the 37th ECNP Congress, which is initiated and funded by Otsuka.

During this symposium, we will explore the landscape of digital therapeutics in MDD, discussing their implementation in healthcare and their advantages and disadvantages compared to traditional therapies. We will also present the results from a pivotal clinical trial evaluating the use of the smartphone application for MDD. Finally, the importance of real-world evidence for digital therapeutics and how these can be applied in real-world clinical practice will be discussed.

We hope that you will join us for what promises to be an enjoyable and informative event.

Prof Anthony Cleare (Chair)

Agenda

13:00-13:05

Chair's introduction



Prof. Anthony Cleare
*The National Affective Disorders Service,
The Maudsley Hospital, London, United Kingdom
and Kings College, London, United Kingdom*

13:05-13:25

Introduction to digital therapeutics: a new approach for the treatment of MDD



Prof. Anne Karow
*University Medical Center Hamburg-Eppendorf,
Hamburg, Germany and Libermenta Clinic for
Psychiatry, Psychotherapy, Psychosomatic
Medicine and Sports Psychiatry Schloss
Trensbüttel, Hamburg, Germany*

13:25-13:45

Evidence from MIRAI Phase 3 Trial evaluating the effectiveness of digital therapeutics in adults with MDD



Prof. Rakesh Jain
*Department Of Psychiatry, Texas Tech University
School of Medicine, Texas, United States*

13:45-14:05

The importance of real-world evidence requirements for digital therapeutics reimbursement



Prof. Ramalingam Chithiramohan
*Birmingham and Solihull Mental Health Foundation
Trust, Birmingham, United Kingdom*

14:05-14:25

Discussion/Q&A

All faculty

14:25-14:30

Summary and close

Chair

